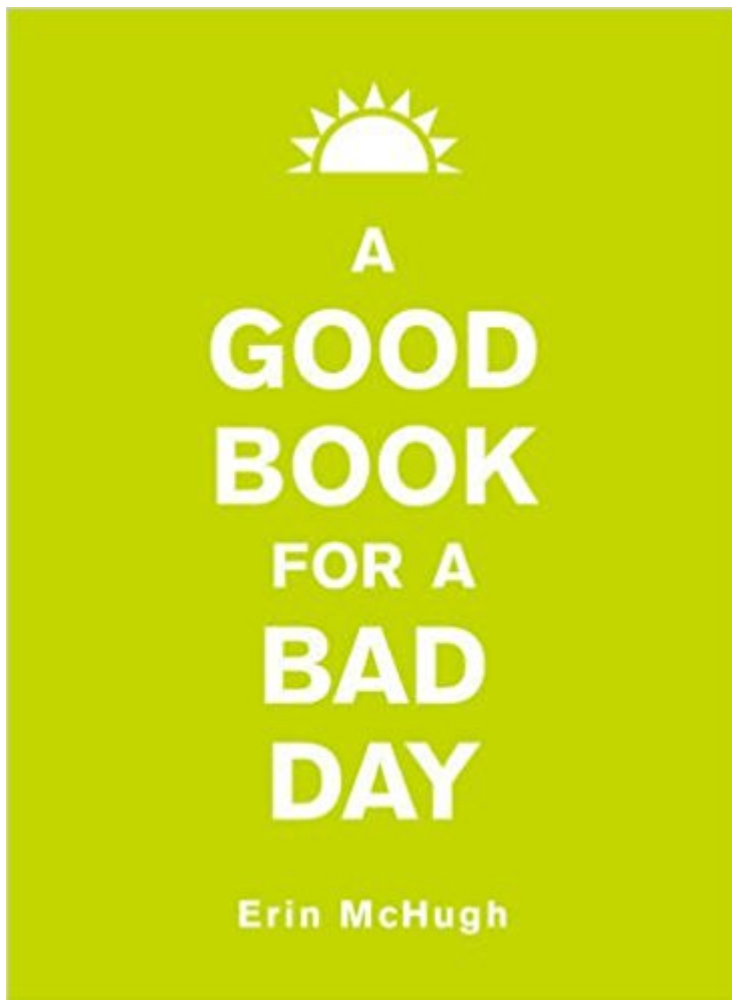


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A Good Book For A Bad Day



Synopsis

No holier-than-thou collection of aphorisms or trite, sugary advice, *A Good Book for a Bad Day* is a hip, fun, smart collection of portable wisdom. Turn to any page and get a jolt that will wake, motivate, inspire, or just plain give you that much-needed moment of feel-good perspective. Great quotes from history's giants are combined with modern-day smarts to provide the very best mix of options to consider so you can keep on keeping on every day with the brightest, most optimistic eye to the future. No more wandering listlessly around the internet for the right bit of something that's going to lift your spirits; this little volume is what you'll whip out of your briefcase or purse to get that kick that puts a spring in your step--or simply helps you continue to put one foot in front of the other.

Book Information

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Customer Reviews

Erin McHugh is a former publishing executive and award-winning author of more than twenty books of popular nonfiction, including trivia, gay history, children's books, and much more. She lives in New York City and South Dartmouth, Massachusetts.

I love a good quote book and this one delivers. Some I have read before but many others I have not. Thanks Erin for a little something to brighten my day.

Good Read/

Bought several to give as thanks for inviting me to your house gifts. Well received

Fun to read in spurts!

I gave this as a gift to my boyfriend and he loves it! It's like a daily dose of good vibes from a bad day!

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